



粵華中學
(鮑思高慈幼會)
澳門得勝馬路十八號
YUET WAH COLLEGE
(Salesians of Don Bosco)
18, Estrada da Vitoria
MACAU

附件一

「與這一代青少年同行 — 青少年，你到底在想什麼？」家長專題講座
暨

「澳門粵華中學家長教師會第十一屆會員大會會務及財務報告」通知

貴家長：

如何面對及處理「子女想法和父母不一致」及「子女抗拒父母管教」等可能引發親子衝突的情境，常是家有青春子女的父母必須面對的問題，也是當今父母無可避免的壓力與必須具備的親職能力。如何促進親子間的瞭解與溝通，是親子雙方都需要學習的課題。

家長常帶著的疑問是「如何處理子女某個事件？」。事件的處理方式因人而異，也因時制宜，但溝通的原則卻是大同小異，這些原則建基於對人性的理解。透過是次講座，讓父母認識如何與青少年子女溝通，以具體例子簡要說明與青少年子女溝通的各種理論和技巧，以及家長會遇到的困難。溝通可以促進彼此的關係，良好的親子關係是管教的基礎，故先掌握與子女好好溝通的技巧，就是化解青少年管教問題的基本原則。

同時，敬希各家長會員撥冗出席家長教師會第十一屆會員大會會務及財務報告。培育孩子成材，除了老師的循循善誘外，家長的關懷更功不可沒，我們期望通過緊密無私的「家校合作」，凝聚每位家長的力量，為我們的孩子提供更優質的教育服務，以及在良好的教學環境內茁壯成長。現誠意邀請您在百忙之中，撥冗出席，為孩子的未來盡一分力，我們熱切期待您的積極參與和支持！

主講嘉賓：香港羅義婷心理輔導師（澳洲輔導協會註冊輔導師、PREPARE & ENRICH 婚姻評估認證輔導師）

對象：家長

舉行日期：2017年11月12日（星期日）

舉行時間：上午 11:00 至 12:30

舉行地點：粵華中學納德樓小禮堂

粵華中學家長教師會啟
二零一七年十月三十日

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回 條（請在合適的□內加上“√”）

（請填妥回條交 貴子弟於兩天內呈與班導師存錄）

學生姓名：_____ 班 級：_____ 學 號：_____

家長姓名：_____ 聯絡電話：_____

本人將出席/不出席 11月12日家長專題講座暨第十一屆會員大會會務及財務報告。

家長簽名：_____ 日 期：_____

30th October, 2017

**A talk “Teenagers, what do you have in your minds?” &
“YWC Parents and Teachers Association 11th General Meeting”**

Dear Parents/ Guardians,

What should parents do when they have problems related to their children’s thinking and their rebellious thoughts? These questions often lead to conflicts between parents and children and they are also questions which parents have to face when their children are going through puberty. They are also one of the sources of the pressure parents experienced and the ability to deal with these has become an essential skill parents should have. How to enhance the relationship and mutual understanding between parents and children is a topic which both parties should work on.

Through this seminar, we hope that parents would learn how to deal with certain problems of their children. With specific examples, we hope that we can clarify different theories and skills needed and problems parents will face when they are communicating with teenagers. Communication is a way to improve the mutual relationship and a good parent-children relationship is the foundation for good upbringings. Thus, mastering the way to communicate with the children will be the fundamental means to the resolution of children's disciplinary problems.

In addition to this, we invite you to join the 11th General Meeting of our Association and presentation of Financial Reports. For our children to become successful, besides teachers’ patience and meticulous teachings, parental care is also of utmost importance and essential. Through the close cooperation between teachers and parents, we hope we can provide better education for our children, so that they will grow up healthily and study in a good environment. We sincerely invite you to come and join us. We look forward to your active participation and support!

Guest Speaker: Miss Law Xi Ting, a psychological counselor from Hong Kong (a registered counsellor in Australian Counselling Association, a certified counsellor in Prepare & Enrich)

Target: Parents

Date: 12 November 2017 (Sunday)

Time: 11 a.m. to 12:30 p.m.

Venue: School Hall at Rinaldi Building

The Parents and Teachers Association of Yuet Wah College

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Reply Slip (Please put a “✓”in the appropriate box)

(Please return this slip to the Form Master/Mistress within two days after receiving the notice.)

Student’s name: _____ Class : _____ Class no. : _____

Parent’s name: _____ Contact number: _____

I will / will not join the talk & the 11th PTA General Meeting on 12th November.

Parent's Signature: _____ Date: _____